

My form time week

Notice what went well and choose one target.



NAME _____

CLASS _____

WEEK BEGINNING _____

LEARNING GOAL

Look back on my week and choose a target for the next one.

SUCCESS CRITERIA

- ☐ I can name something I achieved.
- ☐ I can record my attendance and house points.
- ☐ I can set a target and say how I will meet it.

1 My achievement this week

2 I am proud of...

3 Attendance

Days present
out of 5

M

T

W

T

F

Tick the days if it helps, then write the number. A note is optional.

Note _____

4 House points

Points this week

House points running
total

Your own total only. No ranking.

Earned for _____

5 My mood this week



Great



Good



Okay



Low



Rough



Optional. Draw a face or write a word. All feelings are okay.

6 My target for next week

7 How will I do it?

Steps and help

8 Thank you or shout-out

Optional

Thank you... _____

For... _____



My term view

NAME _____

CLASS _____

1 Six weeks at a glance

Circle one in Met?

WEEK	DAYS IN (OF 5)	POINTS TOTAL	MY TARGET	MET?	REFLECTION
1			_____	☒ Met ☐ Partly ☐ Not yet	_____
2			_____	☒ Met ☐ Partly ☐ Not yet	_____
3			_____	☒ Met ☐ Partly ☐ Not yet	_____
4			_____	☒ Met ☐ Partly ☐ Not yet	_____
5			_____	☒ Met ☐ Partly ☐ Not yet	_____
6			_____	☒ Met ☐ Partly ☐ Not yet	_____

2 Targets so far

Shade a step per week

Met						
Partly						
Not yet						

3 Term totals

Days present

House points total

4 Mood through the term

Optional

W1 _____ W2 _____ W3 _____ W4 _____ W5 _____ W6 _____

A word or a small face for each week, if you want to. All feelings are okay.

5 What worked

6 What was hard

7 Next term
