

Statement planner

Collect your own story before you write a word.



NAME _____

MY SUBJECT _____

DATE _____

LEARNING GOAL

Gather true, specific evidence about me and my subject, ready to shape into a personal statement.

SUCCESS CRITERIA

- ☐ I can say why I chose my subject.
- ☐ I can list what I have done, with detail.
- ☐ I can link each skill to evidence.

1 My spark moment

Why this subject?

A moment, question or person that first got you interested. What happened? What did you wonder next?

2 In school

Work and projects

A topic, project or result you are proud of, and what you learned.

3 Beyond school

Super-curricular

Go deeper into your subject: a book, article, talk, course, visit or project of your own. For each, note what it taught you or changed in your thinking.

4 My skills and my proof

Skill + evidence

Skill 1 _____

Proof _____

Skill 2 _____

Proof _____

5 Activities and roles

Responsibility

Clubs, teams, work, volunteering, caring at home. What did you take on, and what did it teach you?



Paragraph plan

1 Opening hook

Specific, not grand

2 Academic interest

Ideas you enjoy

3 Wider reading

What it taught me

4 Skills and experience

With evidence

5 Closing

Look forward, do not repeat

6 Weak and strong

Invented example

WEAK "I have always been passionate about science and I am a hard-working person who loves learning."

STRONG "After a school trip to a stream, I tested the water at three points and found more nitrate downstream of a field. I read about run-off to find out why, then asked my teacher how I could test my idea."

7 Your turn

Show, do not tell

Write a "tell" about yourself, then rewrite it as a "show" with one real detail.

8 Before I send it

Tick when true

☐

Own words.

It sounds like me, not a template or a stranger.

☐

Specific evidence.

Every claim has a real example behind it.

☐

Reflection.

I say what I learned, not only what I did.

☐

Accurate.

Everything is true and I could talk about it.

☐

Proofread.

I read it aloud and someone I trust checked it.