

Rhythm gym

Clap, say and play note values in 4/4 time.



ACT 1

NAME _____ CLASS _____ DATE _____

LEARNING GOAL

Read, clap and write 4/4 rhythms.

SUCCESS CRITERIA

- ☐ I can name each note and its beats.
- ☐ I can clap a rhythm with a steady beat.
- ☐ I can write bars of 4 beats.

1 Meet the notes

ACT 1

Each note lasts for a number of **beats**. Read each ticket, then clap the note and say its rhythm word.

 Semibreve (whole note) SAY ta-a-a-a	 Minim (half note) SAY ta-a	 Crotchet (quarter note) SAY ta	 Quavers (eighth notes) SAY ti-ti	 Crotchet rest (quarter rest) SAY silent
4 BEATS	2 BEATS	1 BEAT	1 BEAT (½ EACH)	1 SILENT BEAT

2 Clap and say

ACT 2

4/4: 4 crotchet beats a bar. Clap and say bars 1 and 2. Write the words under bars 3 and 4.



ta ta ta ta ti ti ta ti ti ta _____

3 Complete the bar

ACT 3

8 marks

Every bar needs 4 beats. Write the missing beats, then draw notes or a rest in the box.

a 	MISSING BEATS 	b 	MISSING BEATS 
c 	MISSING BEATS 	d 	MISSING BEATS 

Compose and play your rhythm

NAME _____ CLASS _____

4 Compose your own

ACT 4

Write one rhythm word in each beat box: ta, ti-ti, ta-a or rest. ta-a lasts 2 beats, so put a dash in the next box.

EXAMPLE BAR				BAR 1				BAR 2			
ta	ti-ti	ta-a	-								

BAR 3				BAR 4				CHECK: BEATS IN EACH BAR			
								BAR 1	BAR 2	BAR 3	BAR 4

Now write your bars in notes. Stems go up on the right; beam each pair of quavers.

4				
4				

5 Perform and review

FINALE

PERFORMER PASS

PERFORMER

MY RHYTHM IS CALLED

TEMPO

slow

steady

fast

Perform to a partner. Circle your tempo on the pass.

What went well in your performance?

Next time I will...

How steady was my beat?

☐ Not yet
 ☒ Getting there
 ☒ Rock steady



ENCORE

Clap your rhythm while a partner claps theirs. Can you keep together?