

✓ EXIT TICKET

INITIALS _____

DISH _____

DATE _____

My skills today

Circle one word for each row. Tick when done.

Washing hands and getting ready hands washed, hair tied back, apron on	Needs help	With a reminder	On my own	☐
Following the recipe	Needs help	With a reminder	On my own	☐
Knife skills if used: claw grip, board steady	Needs help	With a reminder	On my own	☐
Using the hob or oven safely if used	Needs help	With a reminder	On my own	☐
Working with my partner or group	Needs help	With a reminder	On my own	☐

My time

PLANNED FINISH _____ ACTUAL FINISH _____

What took longer than I planned?

One thing I will do differently next time

My station

Tick each one.

☐ I wiped my work surface with a clean cloth.
☐ I washed up and dried or left to dry.
☐ I put everything away in its place.
☐ The hob and oven are off.
☐ I checked the floor for spills.
☐ My apron and tea towel are in the right place.

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Half-term skill tracker

Track your skills over six practical lessons.



INITIALS _____ CLASS _____ HALF TERM _____

LEARNING GOAL

Notice how my practical cooking skills grow over a half term.

SUCCESS CRITERIA

- ☐ I can write N, R or O for each skill after a lesson.
- ☐ I can spot the skill that is growing fastest.
- ☐ I can set a goal for my next practical.

1 My skill tracker

6 lessons

N Needs help **R** With a reminder **O** On my own Skill not used? Write a dash (-).

LESSON	DATE AND DISH	GETTING READY	FOLLOWING THE RECIPE	KNIFE SKILLS	HOB OR OVEN	WORKING WITH OTHERS
1	DATE					
	DISH					
2	DATE					
	DISH					
3	DATE					
	DISH					
4	DATE					
	DISH					
5	DATE					
	DISH					
6	DATE					
	DISH					

2 Look back and look ahead

✓ PROUD

The skill I am proudest of:

GOAL

My goal for next time:
